



KILMAKEE

ACTIVITY CENTRE

UPDATED
11.11.11



**52A ROWAN DRIVE, SEYMOUR HILL,
DUNMURRY BT17 9QA**

TELEPHONE: 028 90 301545

E.MAIL – RECEPTION.KILMAKEE@LISBURN.GOV.UK

www.lisburncity.gov.uk

OPENING HOURS

MON. TO FRI. 9.AM TO 10.30PM SAT. 9.AM TO 4.30PM

CURRENT ACTIVITIES ON OFFER

MONDAY	EVERGREEN BOWLS CLUB	2.00PM – 4.00PM
MONDAY	ZUMBA FITNESS (NEW)	6.30PM – 7.30PM
TUESDAY	AGE CONCERN	2.30PM - 4.00PM
TUESDAY	LADIES ONLY FITNESS SUITE	7.00PM - 8.00PM
TUESDAY	TAEKWON-DO	7.00PM - 9.00PM
TUESDAY	DOG MATCH (MONTHLY)	7.30PM - 10.30PM
WEDNESDAY	CARDIOBOX/PILATES/YOGA	7.30PM – 8.30PM
THURSDAY	EVERGREEN BOWLS CLUB	2.00PM – 4.00PM
THURSDAY	LADIES HOUR FITNESS SUITE	7.00PM - 8.00PM
FRIDAY	YOUTH CLUB 8 – 12 years	7.15PM - 8.45PM
FRIDAY	SHINSEI JUDO CLUB	7.30PM - 9.30PM

BIRTHDAY PARTIES OUR SPECIALITY

MAIN SPORTS HALL AND MINOR HALL AVAILABLE FOR PRIVATE HIRE

COACH SESSIONS CAN BE ARRANGED IF DEMAND JUSTIFIES

PLEASE CONTACT CENTRE FOR FURTHER DETAILS