

Coach Education



Throughout the season a number of coach education programs are organised offering those either at the beginning stages of their coaching experience or for the more experienced, an opportunity to develop their CPD. We would encourage all coaches to continually update their qualifications to ensure they are compliant with current UEFA standards ensuring they and their club offer their players the highest standards of coaching.

Grassroots Introduction Award

This award is the first in a series of courses and as such is aimed at encouraging those at the beginning stages of their coaching development. Based around “fundamentals” the course explores the importance of learning skills in a progressive way to ensure the correct developmental stages of players from ages 6 to 11. With plenty of practical games backed up by important theory this course will provide each participant with the necessary tools to begin their coaching experience. The course itself runs for approximately 3 hours and as mentioned involves both practical and theory.



Level 1



The Level 1 course which runs for three consecutive Sundays contains modules in Child Protection, First-Aid, Player Motivation and practical's alongside theory, there is also an assessment at the conclusion of the course.

This course is more extensive and provides a more challenging experience for each participant plus it incorporates the Child Protection Access N I check

which is mandatory for the award to be given. On successful completion of the course the participant will receive an ID card specific to him or her validating their award. As with each course there are considerable practical sessions along with theory. For more information on this and other courses, costs and dates please contact the IFA GDO or visit irishfa.com and go to the coach education link which should contain all confirmed dates and venues.